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Women of St. Joseph

MARCH 2017



President's Message

Dear Women of St Joseph,

We are now in the Lenten Season. In this Lenten season we are challenged to spend more time in prayer so that we can deepen our relationship with God. Without prayers we are incapable of overcoming the temptations that we face each day in our lives. During the forty days in the desert, many times Jesus was put to the test by the devil, but he was able to overcome every single temptation, because he took time to pray.

“My children,” St. John Vianney said, “your heart is poor and narrow; but prayer enlarges it, and renders it capable of loving God. Prayer is a foretaste of Heaven, an overflow of paradise. It never leaves us without sweetness. It is like honey descending into the soul and sweetening everything. Troubles melt away before a fervent prayer like snow before the sun.”

During these forty days of Lent, each one of us should imitate Jesus and take time to pray. St. John Vianney is correct, prayer enlarges your heart, and renders it capable of loving God. Prayers also helps us to see God in each person. When we see God in others, we will begin to practice love and compassion, and to work together and support each other in a team.

I would like to close with this quote: “When women support each other, incredible things happen.”

Sincerely,

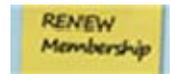


Kim Nguyen

WOSJ President

UPCOMING MEETINGS & EVENTS--- Mark Your Calendars!

March 21, 2017 Tuesday	Board Meeting	6:00 pm	Church Hall
	General Meeting	7:00 pm	Church Hall
<i>Swap</i>			
March 31, 2017 Friday	Lenten Soup Night and Station of the cross		6:00 pm
April 18, 2017 Tuesday	Board Meeting	6:00 pm	Church Hall
	General Meeting	7:00 pm	Church Hall
<i>Catholic Charities Transforming Lives Tour</i>			



Membership Notes

Dues are still \$20. Please bring your dues payment to the meeting (check or cash in an envelope please) or send it to Nancy Dorigi, Membership Chair at 44142 Boitano Dr., Fremont, CA 94539.



Welcome New Member

A big warm welcome to our new member: Vasanthi Victor. May this ministry and its congregation offer you the opportunity to grow spiritually.



Helping Hands

Dear St. Joseph Sisters, we are a fun group of ladies. Do not let a transportation problem stop you from attending our meetings or events. If you need a ride, please call me at 510-683-3816 or 510-304-1938, and I will see what I can do.



Women of St. Joseph Polo Shirts are still \$15

Good news! WOSJ polo shirts will continue at the sale price of \$15 for the remainder of this membership year, through June 20, 2017. Our polo shirts are a sign of unity and can be worn to any function where WOSJ gather as a group such as the senior luncheon in January, the Easter Vigil reception next April, and to the monthly meetings. Available sizes: S, M, L, XL, XXL, XXXL. Contact Nancy Dorigi at ndorigi@comcast.net or 510-657-7543.



Prayer Shawl Ministry

Our Prayer Shawl Ministry is in dire need of prayer shawls or lap blankets. If anyone can donate one, it would be greatly appreciated.

For those of you who are not familiar with this ministry, we knit or crochet or quilt a shawl, for women, or a lap blanket, for men and women. While we are making them, we pray for healing for the people they are intended for. Then, when complete, I take them to a priest and ask that the priest prays for the intended person and bless the blanket.

If you have one completed, or are in the process of making one and would like to donate it, please contact Sherry Dunn at 510-471-6224 or solodmom@aol.com. We currently do not have any shawls or lap blankets in our possession.



Ridiculously Good Roasted Carrots

From Cooks Illustrated

- 1 1/2 pounds carrots, peeled, halved crosswise, and cut lengthwise if necessary to create even pieces
- 2 tablespoons unsalted butter, melted
- Table salt and ground black pepper
- Heat oven to 425° F. In a bowl, toss together carrots, butter, 1/2 teaspoon salt and 1/4 teaspoon pepper.
- Line a rimmed baking sheet with parchment paper. Arrange carrots in an even layer on top of parchment, then tightly cover the whole pan with aluminum foil.
- Bake for 15 minutes. Take pan out of oven, remove foil, and return pan to oven for another 30-35 minutes, or until the carrots are lightly browned. Stir twice during cooking time.
- Season with more salt and pepper if desired, and then serve.



Silver Palate Carrot Cake

Author: Julee Rosso and Sheila Lukins
Makes: Serves 10 to 12

Ingredients

1/ CAKE

- 3 cups unbleached all-purpose flour
- 3 cups sugar
- 1 teaspoon salt
- 1 tablespoon baking soda
- 1 tablespoon cinnamon

- 1 1/2 cups corn oil
- 4 large eggs, lightly beaten
- 1 tablespoon vanilla extract
- 1 1/2 cups shelled walnuts, chopped
- 1 1/2 cups shredded coconut
- 1 2/3 cups puréed cooked carrots
- 3/4 cup drained crushed pineapple (or chop a drained 20 oz can of pineapple chunks. Do not use fresh!)

2/ FROSTING

- 8 ounces cream cheese, at room temperature
- 6 tablespoons unsalted butter, at room temperature
- 3 cups confectioners' sugar
- 1 teaspoon vanilla extract

3/ INSTRUCTIONS

- For the cake: Preheat oven to 350°F. Grease two 9-inch layer cake pans lined with wax or parchment paper.
- Sift dry ingredients into a bowl. Add oils, eggs and vanilla. Beat well. Fold in walnuts, coconut, carrots and pineapple.
- Pour batter into prepared pans. Set on the middle rack of the oven and bake for 30 to 35 minutes, until edges have pulled away from sides and a cake tester inserted in center comes out clean. (may take up to 45 minutes)
- Cool on a cake rack for 3 hours.
- For the frosting: Cream together cream cheese and butter in a mixing bowl.
- Slowly sift in confectioners' sugar and continue beating until fully incorporated. Mixture should be free of lumps.
- Stir in vanilla
- Fill cake and frost sides with cream-cheese frosting.

FROSTING TIP: Make sure there are no lumps in the powdered sugar before adding it a cup at a time. I only frost the middle and top, allowing some middle frosting to peek out. I sprinkle some chopped walnuts on top to let folks know there are nuts in the cake. Use a good quality cream cheese.

Coming Events



Swap Meet

Tuesday, March 21st

7:00 pm

This should be a REALLY fun night!! Save the stuff you don't want and bring it to the meeting—it might just be the one thing someone else has been looking for.



We Need Your Help! WOSJ volunteers

Parish Lenten Retreat

Saturday, March 18th

On Saturday, March 18, 2017 Parish Lenten Retreat with Fr. Bart Landry, CSP from 8:30 am to 12:00 pm in the church. We need volunteers to set up, serve, and clean up from 7:45 am to 12:00 pm. We also need coffee cake or pastries for the retreat's Continental Breakfast from 8:30 am to 9:15 am in parish hall. Please contact Sister Marcia at: sistermarci@gmail.com.



Lenten Soup Night

Friday, March 31st

6:00 pm

WOSJ will be sponsoring the *Lenten Soup Supper* on March 31, 2017; before Stations of the Cross. This is a great opportunity for us to get together for dinner, fellowship and reflection. The Soup Supper starts at 6:00 pm, and Stations of the Cross starts at 7:00 pm.

Deacon Lance requested that WOSJ bring meatless soups, rolls, and beverages to provide for 40 people. Judy will be in the Church Hall at 5:00 pm to collect foods and beverages from the members and to set up tables,

Please contact Judy Huckabay at: (510)226-0717 or email at: kcuhj@yahoo.com to let her know what you can provide.



Easter Vigil

Saturday, April 15th

The WOSJ have volunteered to work with the Men's Club to host the refreshments for East Vigil on Saturday, April 15, 2017 from 8 pm to 11 pm. We will need people to set out desserts prior to the end of Mass, help with clean up. We also need help with baking or bringing desserts. This is a great chance to welcome our RCIA students into the St. Joseph's community.

If you would be interested, please contact Judy Huckabay at: (510)226-0717 or email at: kcuhj@yahoo.com.



Muslim Faith and Culture



Thank you all for your presence and participation at the last meeting with Moina Shaiq from the Muslim Support Network. It seemed like we all enjoyed her presentation.



Happy Birthday to those born in March

Charlene Calkins	March 8	Alba Olivares	March 13
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Spiritual Corner



Lenten Prayer for Spiritual Renewal

God, Heavenly Father, look upon me and hear my prayer during this holy Season of Lent.

By the good works You inspire, help me to discipline my body and to be renewed in Spirit. Without You I can do nothing. By Your Spirit help me to know what is right and to be eager in doing Your will. Teach me to find new life through penance. Keep me from sin, and help me live by your commandment of love.

God of love, bring me back to You. Send your Spirit to make me strong in faith and active in good works. May my acts of penance bring me Your forgiveness, open my heart to Your love, and prepare me for the coming feast of the Resurrection of Jesus.

Lord, during this Lenten Season, nourish me with Your Word of life and make me one with You in love and prayer.

From Catholic Online

Nancy Newman
Spiritual Chairperson